

# Hawthorn Childcare Centre Newsletter



June 2018



## Sharing Cultural Experiences

At our Service we have a genuine interest in providing an environment that helps children to be successful in our increasingly diverse and multicultural world. We need to make sure that those in our care gain the appreciation and experiences that will enable them to be comfortable with others who have different skin color, language, or celebrations.

We extend an open invitation to our families to come to our Centre and share any celebrations, special days or traditions that are important to them.

It gives the children and the Educators an opportunity to strengthen their connection to the world around them and their sense of belonging - not only to the Centre, but also to their broader community.

If you or someone you know has something they would like to share, please see the educators in your child's room.

## Upcoming Events

8<sup>th</sup> June – Haircuts at the Centre

11<sup>th</sup> June – Queen's Birthday. Centre Closed

12<sup>th</sup> June – Help with Toddlers Family Information Session

21<sup>st</sup> of June – 'Fussy' Eating and Stressful Mealtimes Family Information Session

28<sup>th</sup> June – Red Donut Day

23<sup>rd</sup> July – 28<sup>th</sup> September – School Holidays



## Family Information Sessions

We have two free family information sessions coming up in June:

### Help with Toddlers

Tuesday 12<sup>th</sup> June at 6:30pm

We will explore the psychosocial developmental stage of the toddler, the behaviours you might see in your toddler (of which you are the expert) and ways to help children develop well through this stage. For parents it can be a frustrating time as children start to exert their autonomy, show their spirit and get into things you wish they didn't! For children it can be frustrating at they try to do things they can't quite manage, take risks that they don't know are risks and feel overwhelmed at times by the bigness of the world.

### 'Fussy' Eating and Stressful Mealtimes

Thursday 21st June at 6:30pm

Mealtimes are one of the most stressful times of the day for families. Everyone is tired. And there is added stress on you to ensure children are eating up their healthy food. When this isn't happening it makes for a challenging time. During the session we will breakdown some of the myths of eating, explore some of the reasons for 'fussy' eaters and provide you with tools you can take away to help improve the variety of food in your child's diet.

Please let us know if you would like us to attend either session by emailing [kidz@chariot.net.au](mailto:kidz@chariot.net.au). Sign-up sheets are available at the front door.

Please note that the 'fussy' eating session is capped at 12 participants and limited spaces are available.

We look forward to seeing you there.





Instead of Red Nose Day, this year SIDS and Kids are doing **Red Donut Day**.

This year to raise funds for SIDS and Kids you can order delicious Vili's red donuts. If you would like to order the donuts you can order directly from the SIDS and Kids website for delivery to the Centre, or we have an order form at the front of the Centre.

If you would like to order through the Centre you must complete the order form and make payment to the office by Wednesday the 20th of June for delivery on Friday the 28th of June.

## End-of-Year Party

This year our end-of-year party will be held on **Friday the 14<sup>th</sup> of December from 6:00pm to 7:30pm**. We encourage you to bring a picnic and join us for a very special performance at 6:30pm by the Drumming Monkeys!



## Supporting our Community

We would like to thank all of our families who have supported our community so far this year through donations to different charity organisations.

We encourage you to continue to bring in your bottles with the 10c rebate so we can continue to both support the environment and our community.

## Childcare Subsidy 2018

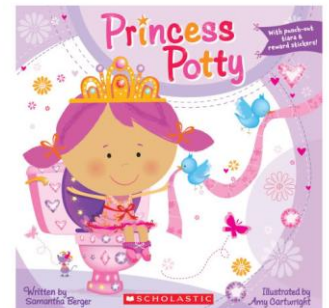
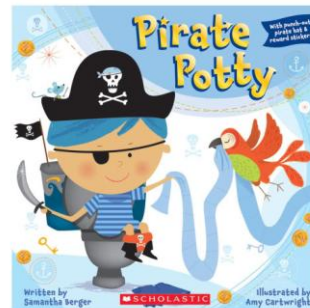
From 2 July 2018, the child care fee assistance your family receives will change. Your information **does not automatically rollover** to the new system and you may not receive any subsidy if your assessment is not completed.

You need to login in to your MyGov account to complete your assessment; please make sure that you have confirmed your bookings as we are still seeing a number of families whose assessments are sitting 'pending' because bookings have not been confirmed.

## Toilet Training Books

We have purchased a series of books on toileting training for families to borrow and share with their children, as recommended by occupational therapist Brad Williams.

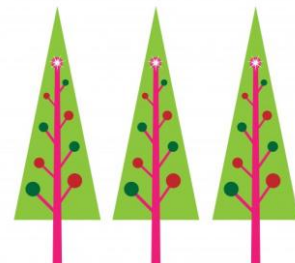
If you would like to borrow one of the books please drop by the office.



## Christmas Closure

This year the Centre will be closing on **Friday the 21<sup>st</sup> of December 2018 at 3pm**.

We will be reopening on Wednesday the 2<sup>nd</sup> of January 2019 at 6:30am.



## Recipes

If your child has a favourite meal at the Centre and you would like a copy of the recipes please do not hesitate to let us know via [kidz@chariot.net.au](mailto:kidz@chariot.net.au) and we will arrange to have the recipe sent to you. Alternatively please feel free to stop in and speak to our Centre cooks Andrea and Chriss.

## Self - Reflection

As part of our ongoing commitment to improvement we are currently engaged in critical self-reflection using the National Quality Framework to reflect upon our Quality Improvement Plan, our Centre Philosophy, and our policies and procedures. If you have any feedback about areas which you feel we need to improve on, please do not hesitate to let us know via email at [kidz@chariot.net.au](mailto:kidz@chariot.net.au) or speak with Guitta or Jane. We welcome and value your feedback.

## Bookings for 2019

We have now in the process of finalising our bookings for 2019 and are currently fully booked for 2019.

If you wish to make any changes to your days in 2019 please let us know in writing and we will do our very best to accommodate you.

## Kindy 2019

If you are planning on utilizing our before-and-after Kindy care in 2019 please be advised that we will no longer be taking the bus to Netherby Kindergarten.

If your child is enrolled at Mitcham Kindergarten and you wish to use the bus service, or change your existing days to fit around Kindy days, please let us know as soon as possible.

If your child will be attending another Kindy and will no longer require care at the Centre, or their days of care will change, please let us know as soon as possible.

## Open Door Policy

Our Centre strives to ensure that our Centre is a place where families feel welcome and comfortable. This means that families are welcome at the Centre at any time of the day; you are encouraged to telephone to see how your child is doing; and you are always welcome to join in on any activities or events that are happening in the Centre.

Our open door policy also means that we strive to communicate with you through a number of different means including conversations, phone, email, Skoolbag and SeeSaw, and individual room emails. Your input and feedback is welcomed and valued so please do not hesitate to speak to any staff member.



## Sun Safety in Winter

In line with the DECD and Cancer Council SA guidelines, as well as our SunSmart status and Sun Protection Policy, children are to wear sunscreen and hats when the UV Index is 3 and above.

As the UV Index can rise to 3 and above during the winter months we ask that you provide your child with a hat that provides adequate sun protection; bucket hats are a great option. Please ensure your child's hat is clearly labelled with their name and is in their bag for use when the UV Index rises.

We also ask you apply sunscreen to your children when the UV Index is forecast to rise to 3 and above, and educators will reapply sunscreen on these days.



## Fees

In previous years we have released the revised fee schedule for the new financial year at the end of June. This year we will be reviewing the fee schedule in August and we will be releasing the new fees at the end of that month. If you have any questions please don't hesitate to speak with Guitta or Jane.

## Sustainability Links

National Tree Day is on Sunday the 29th July 2018.

We encourage you to visit <https://treeday.planetark.org/> to find out how you can get involved



## Helpful Links

Starting Blocks provides parents with information about early childhood education and care.

Starting Blocks is a starting point to:

- learn about children's developmental milestones
- understand what to expect from an early childhood education and care service
- find services and learn about their quality ratings
- get tips on starting child care or preschool, and what can be done at home to encourage your child's learning and development

Please see the below link for more information:

<https://www.startingblocks.gov.au/about/>



## Updated Details

Please ensure that you have provided us with your up-to-date contact details. If you, or your emergency contacts, have had a change to phone numbers or emails, please provide us with your new details.

Please also ensure that we have an up-to-date copy of your child/ren's immunisation records.

## Absentees

Please ensure that you contact the Centre if your child is going to be away for the day.

Our staffing is based upon child to staff ratios and being informed if children will not be attending assists us with managing our staff on a daily basis.

Thank you.

## Staff on Leave

Tash from the Banksia Room is currently on extended medical leave. We send her our best wishes for a speedy recovery.

## Welcomes and Farewells

We welcome Nikki to the Centre. Nikki will be working in the Banksia Room.

This week we will be farewelling Mark from the Centre. We wish him luck.

## Naming Belongings

Educators do their best to ensure that all your child's belongings return home at the end of this day. You can assist this process by ensuring that all your child's belongings, including drink bottles, spare clothes, jackets/jumpers etc. are clearly labelled with your child's name. This is particularly relevant in the colder weather as children wear multiple layers throughout the day.