

Hawthorn Childcare Centre Newsletter

August 2018



Book Week 2018 - Find Your Treasure

18th – 28th of August

This year we are celebrating Book Week across the Centre.

Monday 20th – Share Your Favorite Book

Bring your favorite book to share and read. Remember to clearly label your child's book with their name.

Tuesday 21st – Bring a Special Person to Read With

We invite children to ask a special person to come and read a book with them. This could be at drop off or pick up, or during the day.

Wednesday 22nd – Dress As Your Favorite Book Character

Come to childcare dressed as your favorite book character!

Thursday 24th – Nature Treasure Hunt

The children will hunt for the treasure in nature.

Friday 25th – Donate a Book

Place a book in our Street Library to be enjoyed by another reader.

We look forward to celebrating Book Week with you!



Family Information Session

We have a free family information session coming up in August.

Setting Limits

Wednesday 22nd August at 6:30pm

Children need limits in order to feel safe and secure, to feel that there is someone who can take care of them when they need it. We often resort to using coercive punishing ways to set limits with children but this is often detrimental to the relationship. A better way is to cultivate influence with children, using the FLO approach to setting limits. Discipline is about guiding children's behaviour, not punishing them. When we discipline, or set limits with, children, if we do so in a way that is protective of the relationship there is more harmony, less stress and more joy.

Please let us know if you would like us to attend either session by emailing kidz@chariot.net.au. Sign-up sheets are available at the front door.



Upcoming Events

11 – 19th August – National Science Week

18th – 28th of August – Book Week

20th – 26th August – Keep Australia Beautiful Week

22nd August – Free Family Information Session

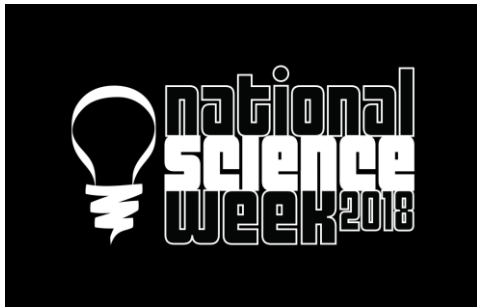
29th September – 14th October – School Holidays



National Science Week

11 – 19th August

National Science Week aims to engage people in the sciences. It's a chance for everyone to see science, talk about science and do science. From students, to scientists to chefs and musicians – get involved, taking part in more than 1000 science events across the nation. It provides an opportunity to acknowledge the contributions of Australian scientists' to the world of knowledge. There are fun events being held for all, to find out what is on near you follow this link www.scienceweek.net.au



Helpful Links

The Red Nose website offers access to free articles on optimal infant care practices and strategies to reduce Sudden Unexpected Death in Infancy (SUDI).

The articles cover pre-pregnancy to ages one to five as well as information on safe sleeping, safe environments, and safe lifestyle and practices.

Visit <https://rednose.com.au/section/education>



Spare Clothes

If you have any clothing in sizes 1 to 3 which your child has outgrown, please consider donating them to the Centre for use as spare clothing.

Thank you.

Sustainability Links

Keep Australia Beautiful Week is being held on the 20th to the 26th of August to raise awareness about the simple things we can all do in our daily lives to reduce our impact on the environment and encourage action. The key theme for the 2018 KAB Week is "SOS – Save our Seas".

Here are some suggestions for how your family can make a change and reduce their plastic usage:

1. Conduct a plastic audit. Think about your day and all the times plastic plays a role - are there any items that can be swapped in the future?
2. Take 3 for the Sea. Take 3 pieces of rubbish when you leave the beach, waterway or...anywhere!
3. Give up gum. Gum is made of a synthetic rubber, aka plastic.
4. Bulk buy. Purchase food, like cereal, pasta, and rice from bulk bins and fill a reusable bag or container. You save money and unnecessary packaging.
5. Use a reusable bottle or mug for your beverages.

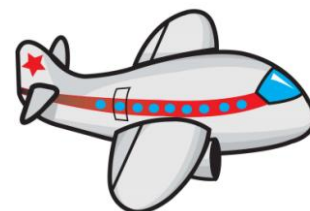
Visit Green Education Foundation for more plastic reducing ideas.

Visit Take3.org for more information on the Take 3 for the Sea initiative.



Staff Leave

Guitta will be on leave from the Centre from Tuesday the 7th of August until Tuesday the 28th of August. In her absence Jane will be acting Director, supported by Kim and Sam. If you have any questions or concerns during Guitta's leave please speak with Jane.



Kindy 2019

If you are planning on utilizing our before-and-after Kindy care in 2019 please be advised that we will not be offering a service to Netherby Kindergarten in 2019.

If your child is enrolled at Mitcham Kindergarten and you wish to use the bus service, or change your existing days to fit around Kindy days, please let us know as soon as possible.

If your child will be attending another Kindy and will no longer require care at the Centre, or their days of care will change, please let us know as soon as possible.



Welcomes and Farewells

We welcome Tia and Kezia to the Centre. Tia and Kezia will be working as permanent part-time educators across the Centre.

We also welcome Lisa, our new Centre cook.

We have farewelled Chriss our Centre cook. We wish her luck.

Bookings for 2019

We have now in the process of finalising our bookings for 2019.

If you wish to make any changes to your days in 2019 please let us know in writing and we will do our very best to accommodate you.

Sun Safety in Winter

In line with the DECD and Cancer Council SA guidelines, as well as our SunSmart status and Sun Protection Policy, children are to wear sunscreen and hats when the UV Index is 3 and above.

As the UV Index can rise to 3 and above during the winter months we ask that you provide your child with a hat that provides adequate sun protection; bucket hats are a great option. Please ensure your child's hat is clearly labelled with their name and is in their bag for use when the UV Index rises.

We also ask you apply sunscreen to your children when the UV Index is forecast to rise to 3 and above, and educators will reapply sunscreen on these days.

When UV is 3 or above be SunSmart



Slip



Slop



Slap



Seek



Slide

Absentees

Please ensure that you contact the Centre if your child is going to be away for the day. Our staffing is based upon child to staff ratios and being informed if children will not be attending assists us with managing our staff on a daily basis.

Thank you.

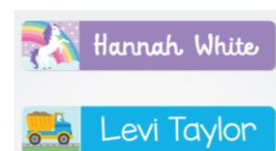
Updated Details

Please ensure that you have provided us with your up-to-date contact details. If you, or your emergency contacts, have had a change to phone numbers or emails, please provide us with your new details.

Please also ensure that we have an up-to-date copy of your child/ren's immunisation records.

Naming Belongings

Educators do their best to ensure that all your child's belongings return home at the end of this day. You can assist this process by ensuring that all your child's belongings, including drink bottles, spare clothes, jackets/jumpers etc. are clearly labelled with your child's name.



Feedback 
is always welcome

How can we make our newsletter even better?

What information would you like us to include?